Sample Supper Menu

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tuscany Bean Soup	Sweet Potato &Apple Soup	Chinese Noodle Soup	Lentil & Vegetable Soup	Vegetable Soup	Vegetable Soup
Grilled salmon with Lemon & Herb Butter Sauce Pizza & Garlic Bread Broccoli & Leek Wellington Pasta with Chilli Beef Sauce	Gammon Steak with pineapple Turkey Goujons Creamy Stilton & Broccoli Tart Pasta with a Carbonara Sauce	Spaghetti Bolognaise Roast Cod with Parsley Sauce Vegetable Kebabs Pasta with Spicy Sausage & Tomato Sauce	Lemon Chicken Oriental pork stir-fry Vegetable Meatloaf Pasta with Onion & Parmesan	Roast Topside Beef & Yorkshire Pudding Red Thai Chicken Curry Mixed Bean & Aubergine Tagine Pasta with Cheese Sauce	Turkey Cordon Bleu Mushroom Risotto Pasta with Spicy Tomato Sauce
New Potatoes Peas	Potato Wedges Sweet corn	New Potatoes Broccoli	Sautéed Potatoes Noodles Sweet corn Fruity olive Cous Cous	Basmati Rice Roast Potatoes Savoy Cabbage Carrots	Baby New Potatoes Carrots Peas
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Jam Tart & Custard	Selection of Ice-creams	Carrot Cake	Creamy Rice Pudding Jelly	Treacle sponge & Custard Jelly	Chocolate sponge & custard
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit