



# AUTUMN TERM ACTIVITIES LIST



# INTRODUCTION

OUR SCHOOL MOTTO, ET VIRTUTEM ET MUSAS: INSTILLING VALUES INSPIRING MINDS, IS AT THE HEART OF OUR CO-CURRICULAR ACTIVITIES PROGRAMME.

This document is a brief overview of activities available to you over the course of the Autumn Term, and these are all published on our SOCS database with days, timings and venues. New activities will be introduced as the term progresses and if you want to know more about an activity, speak to the member of staff in charge, your Tutor or Miss Wong, Head of Games and Activities Co-ordinator. In addition to the Activities Programme, there is also a range of less regular but equally valuable opportunities to get involved in life outside the classroom. Such opportunities include various School Councils, ad hoc events such as debates, charity events, the Partnership projects and, of course, House events including general knowledge, singing, drama and the Newcastle Competition.

There are over 200 activities on offer throughout the academic year available for you to select from. The activities ultimately fall into five main categories as detailed below, but each provides a number of core skills including characteristics of leadership, teamwork, curiosity, resilience and creativity.

**PLEASE CLICK [HERE](#) FOR A REMINDER ON HOW TO SIGN UP ON SOCS TO CLUBS AND ACTIVITIES, PUPILS WILL BE UNABLE TO REMOVE THEMSELVES FROM AN ACTIVITY ONCE SIGNED UP, THIS WILL NEED TO BE DONE VIA MISS WONG. PLEASE READ THE LIST OF ACTIVITIES AVAILABLE FIRST BEFORE YOU MAKE YOUR SELECTIONS TO AVOID ANY CLASHES.**

**SOCS ACTIVITY SIGN UP WILL OPEN FOR THIS TERM ON WEDNESDAY 20 SEPTEMBER DURING TUTOR PERIOD AND WILL REMAIN OPEN UNTIL HALF TERM.**

**THERE WILL BE A NUMBER OF ADDITIONAL ACTIVITIES PHASED IN AS THE TERM PROGRESSES SO PLEASE DO KEEP COMING BACK TO CHECK.**

Every Lower School pupil is required to sign up to a minimum of three activities per term. For Fourth Form and Remove pupils, this will include a compulsory weekly competitive sport training session and a Friday after school session (Martlet for the Fourth Form and a Leadership option for Remove pupils).

You need to select your activities carefully and make sure they are from different groups to ensure you are broadening your knowledge, challenging yourself and ultimately helping to prepare yourself for a future beyond Mill Hill School.



## ACADEMIC:

Astronomy Club, German Conversation Club, Medics Society and Model United Nations



## COMMUNITY:

Age UK, Combined Cadet Force, JSOC and LGBTQ+ Society



## CREATIVE:

1807 Magazine, Creative Writing, Introduction to Fashion Drawing, Quest and Video Production Society



## MUSIC:

Camerata, Jazz and Big Band Ensemble, Symphonic Winds and Vox Pop



## SPORTS:

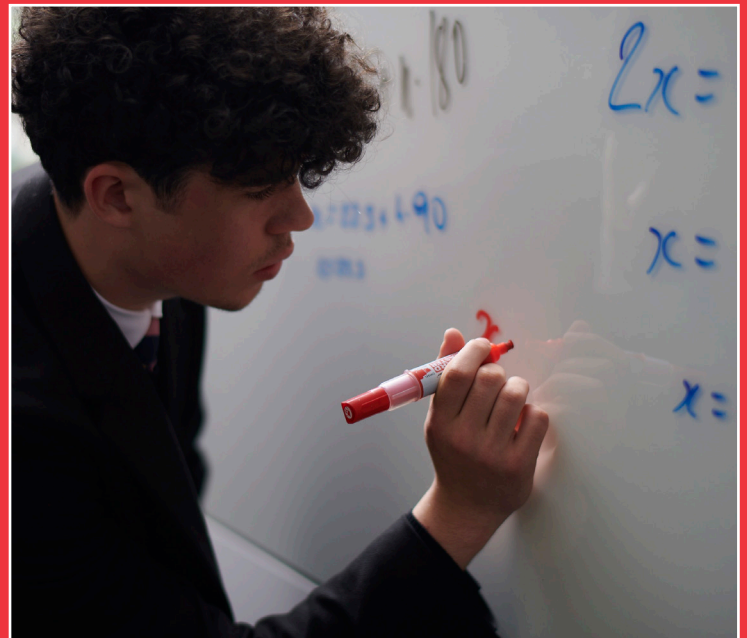
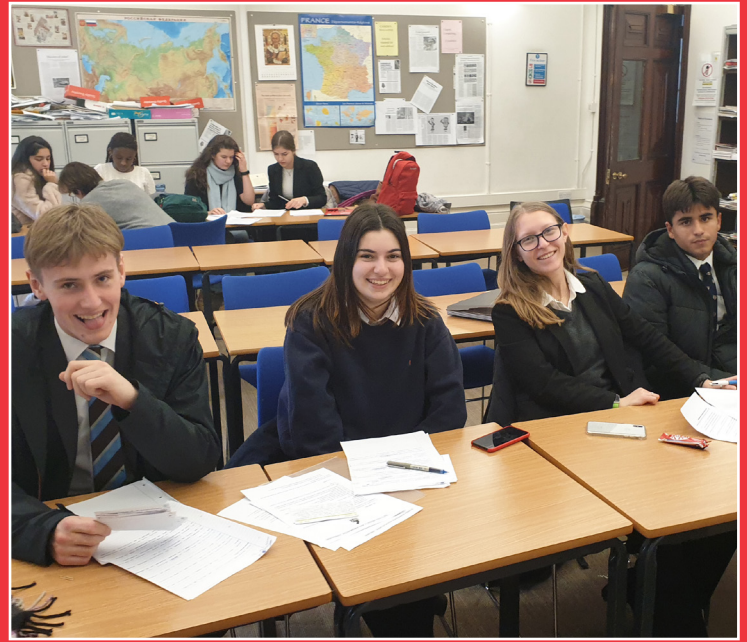
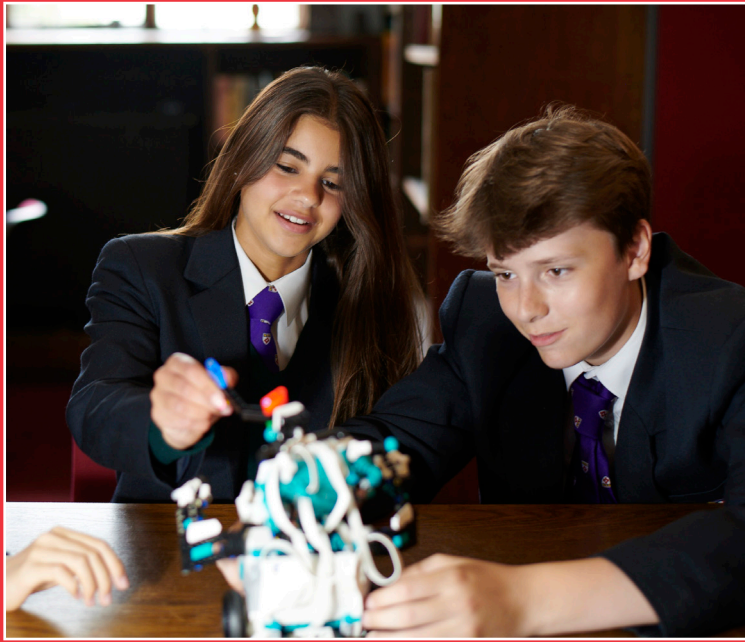
Dance, Golf, Tennis and Volleyball





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# ACADEMIC ACTIVITIES





**Astronomy Club****When:** Monday, 4.15 – 5.15pm**Years:** All Pupils**Location:** Physics 2**Staff:** Mr Marmery (avgm@millhill.org.uk)

“Space is big. You just won’t believe how vastly, hugely, mind- bogglingly big it is. I mean, you may think it’s a long way down the road to the chemist’s, but that’s just peanuts to space”- Douglas Adams.

Learn to observe and understand the heavens with your naked eye, optical, and radio telescopes. The Astronomy Club follows the GCSE Astronomy curriculum, and you will be able to sit a GCSE Astronomy exam after two years earning a rare qualification which demonstrates a keen interest in science

**Art – Scholars Activity****When:** Monday, 1.35 – 2.05pm**Years:** Fourth Form and Remove**Location:** Art Department**Staff:** Ms Haberman (jrh@millhill.org.uk)

Pupils will be continuing to raise the profile of Art creating Artwork for display within the Art block and around the main school.

**BEBRAS Challenge**

*Moving into the iDEA in November (digital DofE)*

**When:** Tuesday, 4.15 – 5.15pm**Years:** All Pupils**Location:** IT 6**Staff:** Ms Walmsley (mew@millhill.org.uk)

The Bebras Computing Challenge introduces computational thinking to pupils.

It is organised in over 50 countries and designed to get students all over the world excited about computing. Each participant answer questions that focus on computational and logical thinking. This activity is to prepare pupils for the challenge.

**Chemistry: Cambridge Challenge****When:** Tuesday, 12.40 – 1.10pm**Years:** Lower Sixth and Upper Sixth**Location:** Chemistry 4**Staff:** Mr Saint (gns@millhill.org.uk)

A prestigious external competition and Chemistry beyond the syllabus for those looking to stretch and challenge as well as prepare for University.

**Chemistry: Mathematics Skills for A Level****When:** Thursday, 12.55 – 1.25pm**Years:** Lower Sixth and Upper Sixth**Location:** Chemistry**Staff:** Dr Radojevic (sr@millhill.org.uk)

An activity dedicated to exploring the Mathematics skills needed for A Level Chemistry.

**Chemistry: Royal Society of Chemistry Olympiad****When:** Tuesday, 12.40 – 1.10pm**Years:** Lower Sixth and Upper sixth**Location:** Chemistry 4**Staff:** Mr Saint (gns@millhill.org.uk)

These UK competitions are excellent for pupils serious about reaching A\* grades in Chemistry at A Level or hoping to read any Chemistry related course beyond Mill Hill. These competitions stretch and challenge post-16 Chemistry pupils’ chemical knowledge and understanding in contemporary real world contexts. Both competitions lead to external certificates from the Royal Society of Chemistry and Cambridge University. Sessions tackle how to solve problems which is useful examination practice. Both competitions have a written test of chemical knowledge: the RSC Olympiad in January and the Cambridge Challenge in June.



**Chemistry: Top of the Bench****When:** Friday, 12.55 – 1.25pm**Years:** Fourth Form, Remove, Fifth Form**Location:** Chemistry**Staff:** Dr Radojevic (sr@millhill.org.uk)

‘Top of the Bench’ is a competition for those excited and enthused by Chemistry. It is one of the longest standing activities for school children organised by RSC members and has run for more than 20 years. Each year teams of 13-16 year-olds compete for the ‘Top of the Bench’ Trophy commencing with regional heats which take place in the Autumn Term. Each Local Section Committee decides on the format of the regional heat which can include quizzes, presentations, and practical experiments. The regional winners then have a chance to compete against each other in the UK final in the Spring Term.

**Classics Club****When:** Wednesday, 12.55 – 1.25pm**Years:** Fourth Form and Remove**Location:** Classics 1**Staff:** Mr Gill (apg@millhill.org.uk)

Classics Club is open to Fourth Form and Remove pupils, looking at aspects of the Greek and Roman world. Sessions on areas such as Mythology, Art and History.

**Drama Scholars (invite only)****When:** Friday, 12.55 – 1.25pm**Years:** All Pupils**Location:** Theatre**Staff:** Mr Gatherer (acg@millgill.org.uk)

This weekly activity will explore a variety of theatrical activities including script readings, theatre discussions, practitioner workshops and exciting new performance opportunities.

**English GCSE Scholarship****When:** Monday, 1.35 – 2.05pm**Years:** Remove**Location:** English**Staff:** Ms Puscasu (wmp@millhill.org.uk)

Exploration of the English subject beyond the curriculum, A chance to engage in debate, writing, performance, and critical thinking to help pupils broaden their horizons in the discipline and enrich their understanding of literature and related disciplines such as film, drama and television.

**English: Fourth Form Scholars and Exhibition Holders Group****When:** Monday, 1.35 – 2.10pm**Years:** Fourth Form**Location:** English 6**Staff:** Mr Vadaszffy (ksv@millhill.org.uk)

An opportunity for English Scholars, Exhibition Holders and others who are interested in holding some lively literary discussion and participate in English-related projects that will reach across the School.

**English Society****When:** Friday, 12.55 – 1.25pm**Years:** All years**Location:** English 1**Staff:** Ms Turner (ljt@millhill.org.uk)

An informal and friendly weekly session for any pupils who are interested in anything and everything related to English, both in school and beyond, be it traditional literature, debate, poetry slams, current affairs, protests and movements, creative writing, film or television and drama. Pupils can bring along any ideas, interests and topics and have their voices heard in this forum and be part of the discussion as to how English can help us understand and engage with these issues.



**French Sixth Form Scholars****When:** Thursday 12.55 – 1.25pm**Years:** Lower Sixth and Upper Sixth**Location:** MFL – L1**Staff:** Mr Norbury (jmn@millhill.org.uk)

A compulsory activity for French Sixth Form Scholars

**Further Mathematics GCSE****When:** Tuesday, 4.15 – 5.15pm**Years:** Remove and Fifth Form**Location:** Maths 1**Staff:** Mr Selvaraj (vms@millhill.org.uk)

This is a value-added course to encourage Mathematicians to do Further Maths GCSE course outside school hours. This is aimed for Removes and Fifth Formers.

**Geog Soc (Lower School)****When:** Friday, 12.55 – 1.25pm**Years:** Fourth Form and Remove**Location:** Geography 3**Staff:** Ms Williams (elw@millhill.org.uk)

An opportunity to explore Geography and Global issues through games, quizzes, documentaries, and discussion. Pupils will also have the chance to enter national Geography competitions such as the RGS Young Geographer of the Year and north London Worldwide quiz run by the Geographical Association. It is pupil-led and we welcome new members.

This year there is the addition of Geographical events, including visiting guest speakers, each half term combining GeogSoc and Senior GeogSoc.

**Senior Geog Soc****When:** Friday, 12.55 – 1.25pm**Years:** Fifth Form, Lower Sixth and Upper Sixth**Location:** Geography G3**Staff:** Mrs Gilbert (clg@millhill.org.uk)

A place to explore and debate current affairs and run discussions based on issues that members are inspired by including global development and international conflict. Over the course of the year, we will read and discuss Tim Marshall's Prisoners of Geography and There is no Planet B (Burners-Lee). We will also watch lectures from the RGS, Royal Holloway and UCL. This is an excellent opportunity to delve deeper into the subject and build super-curricular understanding to enhance university applications in Geography, Environmental Studies, Geopolitics and Economics. We welcome new members.

This year there is the addition of Geographical events, including visiting guest speakers, held each half term combining GeogSoc and Senior GeogSoc.

**German Conversation Club****When:** Tuesday, 12.40 – 1.10pm**Years:** Fifth Form**Location:** MFL Department**Staff:** Ms Knowles Barron (mkb@millhill.org.uk)

During lunch breaks, pupils will meet in a relaxed and friendly environment to engage in conversations, games, and activities—all conducted in the German language.

**German Translation Club****When:** Thursday, 12.55 – 1.25pm**Years:** Fifth Form**Location:** MFL Department**Staff:** Ms Sanitt (jeas@millhill.org.uk)

We will be working from short texts taken from German magazines, books and GCSE papers. Translation is an important and useful skill and this club will help you extend your knowledge in German.



**Mathematics Enrichment: Lower School****When:** Monday, 1.35 – 2.10pm**Years:** Fourth Form and Remove**Location:** Maths 5**Staff:** Ms Haria (vah@millhill.org.uk)

Open to all Lower School Pupils - an opportunity to explore Maths beyond the curriculum, featuring puzzles, investigations and Maths Challenge material.

**Mathematics Examination Techniques****When:** Thursday, 12.55 – 1.25pm**Years:** Upper Sixth**Location:** Maths 3**Staff:** Ms Wijnstok (ghw@millhill.org.uk)

Learn how to deal with harder examination questions and sit real examination questions under timed condition, to discuss the questions and their answers immediately afterwards.

**Maths – Sixth Form Enrichment****When:** Tuesday 12.40 – 1.10pm**Years:** Lower Sixth and Upper Sixth**Location:** Maths 6**Staff:** Mr Zhang (zzh@millhill.org.uk)

An activity to assist pupils with their preparation for MAT and STEP exams.

**Maths: University Admissions****When:** Friday, 12.55 – 1.25pm**Years:** Upper Sixth**Location:** Mathematics Department**Staff:** Ms Lockhart (ecl@millhill.org.uk)

Session to prepare Upper Sixth pupils for Maths admissions tests

**Med Soc****When:** Monday, 12.40 – 1.10pm**Years:** Lower Sixth and Upper Sixth**Location:** Biology Department**Staff:** Dr Damberg (krd@millhill.org.uk)

Medics Society will be geared to Sixth Form pupils who are interested in a career in Medicine, Dentistry or Veterinary Medicine, and will be compulsory for those pupils who are intending to apply to Medicine only. It will discuss topics relevant to a career in Medicine, including understanding the NHS, how to apply for Medicine, UKCAT and BMAT tests, work experience and personal statements. It will partly be run by pupils themselves; they will be expected to make presentations and contribute to discussions.

**Model United Nations****When:** Monday, 12.40 – 1.10pm**Years:** Lower Sixth and Upper Sixth**Location:** History 2**Staff:** Ms Adams (cea@millhill.org.uk) and Ms McNally (selm@millhill.org.uk)

An activity to develop an understanding of the workings of the Model United Nations and develop your skills of presentation and debate. We attend a Schools' Model United Nations conference in March at Haberdashers School and spend the sessions preparing for that event.

**Physics: New Scientist****When:** Thursday, 12.55 – 1.25pm**Years:** Fourth Form and Remove**Location:** Physics Department**Staff:** Mr Dusza (apd@millhill.org.uk)

The aim of the club is for students with Physics scholarship to develop their knowledge and practical skills in Science.

**Physics Olympia****When:** Monday, 1.35 – 2.10pm**Years:** Remove**Location:** Physics 1**Staff:** Ms Yang (yy@millhill.org.uk)

Challenging Physics problem solving for pupils who wish to improve their understanding and prepare for the Physics Olympia competition.

**Physics Olympia****When:** Wednesday, 1.35 – 2.10pm**Years:** Fifth Form**Location:** Physics 1**Staff:** Ms Yang (yy@millhill.org.uk)

Challenging Physics problem solving for pupils who wish to broaden their understanding and are interested in A Level Physics.

**Politics and International Relations****When:** Thursday, 12.55 – 1.25pm**Years:** Lower Sixth and Upper Sixth**Location:** History**Staff:** Mr Sheppard (gzs@millhill.org.uk) and Mr Traeger (mot@millhill.org.uk)

This activity provides a weekly opportunity for the key political issues of the day to be discussed in an informal way. The pupils set the agenda and pupils of all ages and political persuasions are encouraged to attend.

**Psychology Society****When:** Friday, 12.55 – 1.25pm**Years:** Lower Sixth and Upper Sixth**Location:** Psychology**Staff:** Ms Heaney (aeh@millhill.org.uk)

An opportunity to explore psychological research beyond the curriculum or create a space for discussion of a chosen psychology book.

**Science: Scholars****When:** Thursday, 12.55 – 1.25pm**Years:** all pupils**Location:** Science department**Staff:** Dr Damberg (krd@millhill.org.uk)

Rotation through Biology, Chemistry and Physics for Science Scholars.

**Spanish A Level Grammar and Translation****When:** Monday, 12.40 – 1.10pm**Years:** Lower Sixth and Upper Sixth**Location:** MFL Department**Staff:** Mr Mansilla (abm@millhill.org.uk)

Open to Sixth Form pupils who wish to develop their grammar and translation skills.



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# COMMUNITY ACTIVITIES





## Age UK

**When:** Wednesday, 1.30 – 2.15pm

**Years:** Lower Sixth and Upper Sixth

**Location:** MHI IT Room

These sessions are about working with AGE UK to help support elderly people in our community with learning about basic computer tasks. Perhaps you could help them to learn to do online shopping or help them type an email to their grandchildren.

## CCF Army, RAF and Navy

There are three sections in the CCF – Army, Navy and RAF which pupils can join during their time at MHS. Fourth Formers will be introduced to the CCF during the Spring Term as their Friday after School activity and Remove pupils can select as their Remove Leadership Option. Pupils in the Fifth and Sixth Form will become NCO's and will hold positions of responsibility leading the younger pupils.

Pupils will be issued with Army MoD kit. Please bear in mind that this must not be worn outside of school and pupils will need to change out of before leaving school premises.

## CCF Corps of Drums

**When:** Friday 4.00 – 5.00pm

**Years:** Fourth Form (by email application to Miss Wong)

**Location:** CCF Compound

**Staff:** Major Norrington (ccf@millhill.org.uk)

All members of the Fourth Form are invited to come and try drumming with the Fourth Form Corps of Drums. This is a new group which will run alongside but separate to the Martlet programme. Pupils will then have the option of joining the main Corps of Drums and taking part in our numerous parades. Coming up, the Corps of Drums will be taking part in the Lord Mayor's Show, which is a televised event through London and also parading for the Barnet Remembrance Parade and Foundation Day.

## Duke of Edinburgh Award

**When:** Wednesday, 12.40 – 1.10pm.

To start after Half Term

**Years:** Remove

**Location:** IT Department

**Staff:** Mr Selvaraj (vms@millhill.org.uk)

The DofE Silver Programme offers Remove pupils the opportunity to gain recognition for their commitment to activities and for teamwork and resilience shown during an arduous expedition. The DofE Silver is a tremendous challenge both in terms of endurance during the expedition, and organisation to gather the required evidence of activities over the year. It is also an opportunity for participants to gain experience working in teams, cooking food and being independent. To complete the award pupils must show they have participated in three other weekly activities over the year. To recognise this level of commitment, pupils will not be required to select another Friday leadership activity, however they are strongly encouraged to as Charity, Eco and Community activities all fit into the volunteering section which can be difficult to complete.

Pupils must be prepared to plan and complete an arduous team expedition, navigating independently and being self-sufficient. Expeditions are likely to take place at the end of the Easter holiday (practice) and the start of Summer Half Term.

## Duke of Edinburgh Award

**When:** Monday, 12.40 – 1.10pm

**Years:** Fifth Form

**Location:** IT Department

**Staff:** Mr Selvaraj (vms@millhill.org.uk)

To complete the Silver DofE award started during the academic year 2022-23.



## JSOC

**When:** Thursday, 12.55 – 1.25pm

**Years:** All Pupils

**Location:** RS1

**Staff:** Mr Berg (adb@millhill.org.uk)

A society run by Jewish pupils in the School but open to pupils from all faiths and none. Meeting to discuss issues relevant to the Jewish community but also to the wider school community on a weekly basis.

## Language Ambassadors (invite only)

**When:** Thursday, 12.55 – 1.25pm

**Years:** Fourth Form

**Location:** MFL – L7

**Staff:** Ms Fernandez (lfr@millhill.org.uk) and Ms Josselin (clj@millhill.org.uk)

For language scholars and pupils invited by their language teacher. Pupils prepare resources and go to teach at St Paul's Primary School once a term.

## LGBTQ+ Society

**When:** Monday, 12.55 – 1.25pm

**Years:** Fifth Form and Sixth Form

**Location:** RS 3

**Staff:** Mr Cambridge (cac@millhill.org.uk)

The Mill Hill School LGBTQ+ society is a safe and inclusive space for all pupils, where issues relating to the LGBTQ+ community are discussed. Everyone is welcome to join this group.

## Pupil Digital Upskilling

**When:** Thursday, 12.55 - 1.10

**Years:** All pupils

**Location:** Biology Dept

**Staff:** Mr Dweck (rd@millhill.org.uk)

## Martlet Programme

During the Autumn Term, the Fourth Form is divided into groups, and each week pupils will participate in a rotation of activities testing skills and initiative. Activities include First Aid, Nutrition, taster sessions for Duke of Edinburgh Award plus learning about some of the School's key historical facts. Pupils will need their PE kit for some sessions so please read the timetable which will be posted and sent out in an email. During the Spring Term, the Fourth Form will be introduced to the Combined Cadet Force.

## Remove Leadership Options

**When:** Friday, 4.00 – 5.00pm

**Years:** Remove Pupils

- **Business Enterprise**

**Location:** Business Studies 1

**Staff:** Mr Malik (kam@millhill.org.uk) and Ms Gorsia (pgo@millhill.org.uk)

- **Charities and Community Action**

**Location:** Refectory

**Staff:** Mrs Sanchez (js@millhill.org.uk)

- **Debating**

**Location:** RS1

**Staff:** Mr Berg (adb@millhill.org.uk) and Rev. Venn Dunn (rmvd@mhsfoundation.uk)

- **Eco**

**Location:** Physics 5

**Staff:** Mr Dusza (apd@millhill.org.uk)

- **Language Leaders (MHI only)**

**Location:** MHI

**Staff:** Ms Sweeney (ksw@millhillinternational.org.uk)

- **Research Project**

**Location:** MHI

**Staff:** Mr Ragvani (shr@millhill.org.uk)

- **Sports Leaders**

**Location:** Sports Hall

**Staff:** Mr Langley-Pope (nlangleypope@belmontschool.com) and Mr McIlroy (jack.mcilroy@millhill.org.uk)

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# CREATIVE ACTIVITIES





## 1807 Magazine

**When:** Friday, 12.55 – 1.25pm

**Years:** Lower Sixth and Upper Sixth

**Location:** History 1

**Staff:** Mr Dickinson (md@millhill.org.uk) and Mr Taylor (rht@millhill.org.uk)

Mill Hill School History magazine, attempting to write and publish one to two magazines per year. This provides an opportunity to discuss historical topics, issues and theories beyond the confines of the taught syllabuses and produce a magazine, The 1807, that provides pupils with a platform to showcase their interests.

## Art - Life Class (Invite Only)

**When:** Thursday, 3.50 – 4.50pm

**Years:** Lower Sixth and Upper Sixth

**Location:** Art 3

**Staff:** Ms Collins (nrc@millhill.org.uk)

This class will focus on observational drawing to develop art skills.

## Board Games

**When:** Tuesday, 1.35 – 2.05pm

**Years:** Fourth Form

**Location:** Chemistry 5

**Staff:** Ms Mehta (vcm@millhill.org.uk)

A chance for pupils to compete in a variety of board games as a way of unwinding during the school day.

## Breakout: Escape Rooms

**When:** Monday, 12.40 – 1.10pm

**Years:** Fifth Form, Lower Sixth and Upper Sixth

**Location:** MFL – L5

**Staff:** Ms Ferson (kef@millhill.org.uk)

Experience the excitement and problem solving tactics to breakout of online escape rooms with your peers!

## Creative Writing

**When:** Thursday, 12.55 – 1.25pm

**Years:** All pupils

**Location:** English 4

**Staff:** Ms Famili (saf@millhill.org.uk)

At the Creative Writing Club, we provide a space to share your work with other pupils, develop your writing skills, collaborate and discuss writing.

## Drama Production: Blue Stockings (invite only)

**When:** Tuesday 4.15 – 6.00pm and

Thursday 12.55 – 1.25pm

**Years:** Remove and Fifth Form

**Location:** Theatre

**Staff:** Mr Gatherer (acg@millhill.org.uk)

Drama rehearsals for the upcoming Drama production!

## DT: Arkwright Engineering, Robotics and Scholars Club

**When:** Friday, 12.55 – 1.25pm

**Years:** All years

**Location:** DT 2

**Staff:** Mr Walmsley (amw@millhill.org.uk)

For pupils who have interests in Engineering, Manufacturing and Robotic control, as well as DT Scholars.

## DT: Design Your Ride

**When:** Monday, 1.35 – 2.10pm

**Years:** Fourth Form and Remove

**Location:** DT 4

**Staff:** Mr Van Noordwyk (dvsn@millhill.org.uk) and Ms Lazarou (al@millhill.org.uk)

An activity where pupils use CAD and 3D printing, design a ball racetrack as a STEM Project.

## DT Workshop

**When:** Monday, 4.15 – 5.15pm

**Years:** Fifth Form

**Location:** DT 4

**Staff:** Mr Van Noordwyk (dvsn@millhill.org.uk)

For those pupils interested in using the workshop and discovering how to create their own pieces!

## Fourth Form Art Club

**When:** Thursday, 12.55 – 1.25pm

**Years:** Fourth Form

**Location:** Art 1

**Staff:** Ms Randell (lher@millhill.org.uk)

For those in Fourth Form who love art and would like to do more of it! We will work on imaginative and creative projects outside of school work.

## Film Score Appreciation

**When:** Thursday, 4.15 – 5.15pm

**Years:** Fourth Form, Remove and Fifth Form

**Location:** English 2

**Staff:** Ms Puscasu (wmp@millhill.org.uk)

Opportunity to explore and appreciate various movie scores from a multitude of genres, with a particular focus on the composers ability to heighten emotion and set the tone within key scenes or moments. Pupils will have the opportunity to watch and discuss the impact of the music within timeless classics such as 'Braveheart' and 'Gladiator' as well as explore various composers and their different styles and approaches. A welcome space for all music and film enthusiasts.

## French Drama

**When:** Thursday 4.15 – 5.15pm

**Years:** Lower Sixth and Upper Sixth

**Location:** MFL – L8

**Staff:** Ms Kaye (dlk@millhill.org.uk)

These sessions will prepare pupils for annual French Theatre Festival!

## German Board Games and Movie Club

**When:** Thursday, 3.50 – 4.50pm

**Years:** Fourth Form and Remove

**Location:** MFL Department

**Staff:** Ms Sanitt (jeas@millhill.org.uk)

Come along and play a German board game. You will practice your German and have fun at the same time! We will also watch some German movies. There may also be popcorn!

## Hispanic Theatre (invite only)

**When:** Monday, 12.40 – 1.10pm (and additional days/times through the week)

**Years:** Lower Sixth and Upper Sixth

**Location:** MFL – L6

**Staff:** Ms Catena Catena (mlcc@millhill.org.uk) Ms Azkarai (naia.azkarai@millhill.org.uk)

This activity prepares A Level pupils for the theatre competition. The study of the text and the performance will help them to improve their understanding of literary texts, their pronunciation of Spanish and their range of vocabulary. It is also great fun and involves team work.

## Introduction to Fashion Drawing

**When:** Friday, 4.00 – 5.00pm

**Years:** Fifth Form, Lower Sixth and Upper Sixth

**Location:** Maths 7

**Staff:** Ms Onal (eeo@millhill.org.uk)

Pupils will explore a variety of different fashion drawing styles and techniques in learning how to draw a well - balanced and proportioned fashion figure. They will be able to develop their own specific style of drawing and gain confidence in representing the fashion figure to communicate design ideas more effectively.

## Jewellery Club

**When:** Wednesday, 12.40 - 1.10pm

**Years:** Fourth Form

**Location:** Fourth Form

**Staff:** Ms Walmsley (amw@millhill.org.uk)



## Jigsaw Club

**When:** Monday, 1.40 – 2.10pm

**Years:** Fourth Form and Remove

**Location:** Geography 1

**Staff:** Ms Forster ([dlf@millhill.org.uk](mailto:dlf@millhill.org.uk))

Come and escape from the stresses and challenges of the school day by completing some jigsaw puzzles. Jigsaws are scientifically proven to help you relax and lift your spirits! We will aim to complete some 1,000-piece specials and some impossipuzzles. Puzzles will be provided, but you may bring in your own if you wish.

## Mandarin Club

**When:** Monday, 4.15 – 5.15pm

**Years:** All Pupils

**Location:** Maths 6

**Staff:** Mr Zhang ([zzh@millhill.org.uk](mailto:zzh@millhill.org.uk))

An activity to improve pupils' Mandarin speaking skills and expand their vocabulary.

## Musical Theatre Evening

**When:** Audition days to be confirmed

**Years:** All Pupils

**Location:** The Large

**Staff:** Mr Gatherer ([acg@millgill.org.uk](mailto:acg@millgill.org.uk)), Mr Pleasants ([scp@millhil.org.uk](mailto:scp@millhil.org.uk))  
Ms Turner ([ljt@millhill.org.uk](mailto:ljt@millhill.org.uk))

Running rehearsals for a musical theatre event in December with the Drama Department.

## Origami

**When:** Wednesday, 4.15 – 5.10pm

**Years:** All years

**Location:** Maths 3

**Staff:** Ms Wijnstok ([ghw@millhill.org.uk](mailto:ghw@millhill.org.uk))

For beginners to expert level. Come and learn how to fold origami-style. You will learn how to read folding instructions and folding techniques. From there on, you can go wherever your imagination takes you. Fold single figures, like cranes or dragons, or start folding building blocks for modular origami and create stars and more. As legend goes, folding one thousand paper cranes will grant you a wish.

## Philosophy Society

**When:** Thursday, 12.55 – 1.25pm

**Years:** All years

**Location:** RS 3

**Staff:** Ms Alexander ([hja@millhill.org.uk](mailto:hja@millhill.org.uk))

This club encourages philosophical discussion on a range of topics depending on the interests of the pupils and endeavours to build a culture of critical and creative thinking. This is a fun, enjoyable and informative club which aims to create a forum for debate and free expression. As Socrates said 'the unexamined life is not worth living'

## Photography Club

**When:** Monday, 12.40 – 1.10pm

**Years:** Fifth Form and Sixth Form

**Location:** Art 3

**Staff:** Ms Collins ([nrc@millhill.org.uk](mailto:nrc@millhill.org.uk))  
and Mr McKenzie ([rmc@millhill.org.uk](mailto:rmc@millhill.org.uk))

A space for pupils to discover digital and film techniques to build a small portfolio of images.

## Programming Club

**When:** Monday, 4.15 – 5.15pm

**Years:** All years

**Location:** IT 4

**Staff:** Mr Crocker (dlc@millhill.org.uk)

An opportunity to use Raspberry Pi's to control hardware, whilst developing programming skills.

## Quest

**When:** Thursday, 12.55 – 1.25pm

**Years:** Fourth Form, Remove, Fifth Form

**Location:** Physics 4

**Staff:** Mr McKenzie  
(rmc@millhill.org.uk)

Do you quest? If so we may have the right club for you. Games, table top RPGs and more feature in this search for adventure.

## RS Magazine

**When:** Ad hoc sessions

**Years:** All pupils

**Location:** RS 3

**Staff:** Mr Cambridge (cac@millhill.org.uk)

Production and editing of Departmental Magazine 'Oriel'. Mr Cambridge will invite pupils to contribute to the magazine on an individual basis.

## Uno Club

**When:** Monday, 1.35 – 2.05pm

**Years:** Fourth Form and Remove

**Location:** Atkinson House

**Staff:** Mr Bingham (dtb@millhill.org.uk)

Come along and play Uno against your peers!

## Video/Film Production Society

**When:** Thursday, 4.15 - 6.00pm

**Years:** All years

**Location:** IT 2

**Staff:** Mr Minett (lam@millhill.org.uk)

Lead by the Head of Video Production Society, this is a re-designed activity that is focussed on filming a series of short films, documentaries and creating the School's entry for the London Schools' Film Competition. If you have an interest in acting, filming, make-up, costume or any of the other film crew positions, this is the activity for you. There will be added optional opportunities to get involved in other filming, branching off from the work undertaken by this group during the course of the year.

## Quest

**When:** Thursday, 12.55 – 1.25pm

**Years:** Fourth Form, Remove, Fifth Form

**Location:** Physics 4

**Staff:** Mr McKenzie (rmc@millhill.org.uk)

Do you quest? If so we may have the right club for you. Games, table top RPGs and more feature in this search for adventure.



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# MUSIC ACTIVITIES



**PUPILS SHOULD GET LUNCH IN THEIR ALLOTTED QUEUE TIMES.**

## **Advanced Jazz Ensemble (invite only)**

**When:** Thursday, 4.00 – 4.30pm

**Years:** Fifth Form, Lower Sixth and Upper Sixth

**Location:** Recital Hall

## **Camerata**

**When:** Thursday, 12.55 – 1.25pm

**Years:** All Pupils

**Location:** Recital Hall

## **Chapel choir (invite only)**

**When:** Tuesday and Friday, 7.50 – 8.55am

**Years:** All Pupils

**Location:** Mill Hill Chapel

## **Chapel Musicians (invite only)**

**When:** Thursday 7.50 – 8.20am

**Pupils:** All Pupils

**Location:** Mill Hill Chapel

## **Composition Club**

**When:** Friday, 12.55 – 1.25pm

**Years:** All Pupils

**Location:** Music School

## **Foundation Orchestra**

**When:** Monday, 4.15 – 5.15pm

**Years:** All Pupils

**Location:** Recital Hall

## **Jamming Session**

**When:** Thursday, 4.00 – 4.30pm

**Years:** All Pupils

**Location:** Music School

## **Jazz Ensemble and Big Band**

**When:** Monday, 4.15 – 5.15pm

**Years:** All Pupils

**Location:** Recital Hall

## **Saxophone Ensemble (invite only)**

**When:** Wednesday, 10.20 – 10.45am

**Years:** All Pupils

**Location:** Room 19, Music School

## **String Orchestra**

**When:** Monday, 4.15 – 5.15pm

**Years:** All pupils

**Location:** Mill Hill Chapel

## **Symphonic Winds**

**When:** Monday, 1.35 – 2.05pm

**Years:** All Pupils

**Location:** Recital Hall

## **Vox Pop**

**When:** Tuesday, 1.35 – 2.05pm

**Years:** Remove

**Location:** Recital Hall



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# SPORTS ACTIVITIES



**Dance****Wednesday:**

- 4.30 – 5.30pm (by audition only)

Mill Hill Dance Troupe auditions are being held on **Wednesday 20 September 4.30-5.30pm** in the Studio, Sports Centre. Auditions will consist of a warm up, stretch, travelling steps and two short contrasting routines which will be learnt and performed as a group. Dancers of all styles are welcome, there will be opportunity to showcase your own style/strengths in the audition.

Those invited to join the troupe will begin weekly training sessions in dance technique, choreography and performance, working towards a repertoire of full scale choreographed pieces at competitive standard. As well as regular performances, students will have the opportunity to take part in festivals and competitions and will be offered additional workshop and masterclass opportunities with guest professionals from the dance and theatre industry.

Training and choreography will be delivered by performer, choreographer and coach Ms Buckingham, supported by her extensive network of industry professionals and guest coaches. Ms Buckingham brings 10 years of experience from the West End, touring productions and regional theatre to choreographing for stage academies and schools. Earlier this year Ms Buckingham choreographed Mill Hill's musical 'Margaret's Mind' and saw some of the talent the School has to offer.



**MILL HILL  
DANCE TROUPE**

**DANCE  
AUDITIONS**

Seeking strong, passionate dancers with an interest in jazz, modern, contemporary, lyrical, commercial or street dance styles to train, perform and compete.

**AUDITIONS  
WED 20TH SEPT  
4:30-5:30PM  
IN THE DANCE STUDIO**

AUDITIONEES WILL TAKE PART IN A CLASS AND LEARN A ROUTINE



**Basketball****Monday:**

- 7.30 – 8.10am: U16 Training
- 12.40 – 1.10pm: Senior Training
- 4.14 – 5.45pm: U14 Training

**Tuesday:**

- 7.30 – 8.10am: U14 Training
- 1.35 – 2.05pm: U14 & U15 Training
- 4.15 – 6.00pm: Senior Training  
(4.15 – 4.50pm film session @ MHS,  
5.00 – 5.00pm @ Belmont)

**Wednesday:**

- 7.30 – 8.10am: U16 Training

**Thursday:**

- 4.00 – 5.30pm: U16 Training

**Friday:**

- 7.30 – 8.10am: Senior Training
- 12.55 – 1.25pm: Girls Open Session

**Saturday:**

- 10.30 – 12.30pm Open Junior Session.
- 12.30 – 2.00pm, Open Senior Session

Having become a very popular sport, basketball sessions are available for all year groups, both boys and girls and will cater for all levels of ability. Advanced skills sessions focus on shooting, movement, ball-handling, defence and offence skills. The aim of these sessions are to prepare players for Senior Team competitions. There is a healthy number of fixtures in the School calendar.

**Cricket****Tuesday - Friday:**

- 10.00 - 12.30pm (one 2 one Senior sessions - invite only)

**Tuesday:**

- Tuesday, 1.35 - 2.05pm (Fourth Form)
- Tuesday, 4.15 - 5.45pm (Remove)

**Wednesday:**

- 12.40 - 1.10pm (Remove Girls)

**Friday:**

- 12.55 - 1.25pm (Fourth Form and Remove Boys)

**Location:** Sports Hall Gallery

**Staff:** Mr Patel (cricket@millhill.org.uk)

**Chess Club**

**When:** Monday, 4.15 – 5.15pm

**Years:** All Pupils

**Location:** Weymouth House

**Cross Country**

**Thursday:** 12.55 – 1.25pm (open session)

Intermediate (Fourth Form and Remove) and Senior (Fifth Form and Sixth Form) pupils will be entered into National competitions throughout the year. Those wishing to be selected should attend these sessions and contact Mr Whitley (Thomas.whitley@millhill.org.uk) and Ms Hurley (jehu@millhill.org.uk).

**Fives****Mondays:**

- 1.35 – 2.05pm: Open U15 session
- 4.15 – 5.45pm: Senior Team

**Tuesdays:**

- 12.40 – 1.10pm: Open Senior Girls
- 4.15 – 5.45pm: U14 Team

**Wednesday:**

- 4.15 – 5.45pm: U15 Team

**Thursday:**

- 12.55 – 1.25pm: Open U14

**Friday:**

- 12.55 – 1.25pm: Open Seniors

Eton Fives is a rare sport similar to Squash; however, it is played in a three-sided court with hands protected by padded gloves. It is a fast game played in pairs and pupils will learn how to play the game and then compete against other schools and possibly at the national championships.

This is an opportunity for boys and girls to come and play one of the School's traditional sports with a view to possible fixtures later in the year.

**Football****Monday:**

- 4.15 – 5.45pm: Senior Training (invite only)

**Tuesday:**

- 12.40 – 1.10pm: Girls U16 & U18 Open session
- 1.35 – 2.05pm: Girls U14 & U15 Open session
- 4.15 – 5.45pm: Senior Training (invite only)

Football is a core sport for boys in the Spring Term. We have links with Tottenham Hotspurs Football Club, whose coaches join us in both the Autumn and Spring Terms to develop players across the age and ability ranges. As we enter the Two-Term Programme, the 1st XI will be working alongside our coaches and Tottenham Hotspur staff in preparation for the ISFA National Cup and the London Independent Schools Cup. The 1st XI will have the opportunity to engage in video analysis sessions throughout the week. There is also an opportunity for girls and Goalkeepers to hone their football skills with coaches in the Autumn Term.

**Football Goalkeeping Clinic**

**When:** Friday, 12.55 – 1.25pm

**Pupils:** All pupils

**Location:** Collinson field.

Develop your goalkeeping skills through the term in preparation for Spring Term competitive fixtures

**Golf****Wednesday:**

- 1.35 – 2.05pm: Fifth Form (invite only)

**Thursday:**

- 12.55 – 1.25pm: Fourth Form

**Friday:**

- 12.55 – 1.25pm: Remove

These sessions will require sign up prior to starting. Pupils will be contacted when the activity commences.

Sessions will be run by our experienced PGA Advanced Coach both on and off site at the local Metro Golf Centre which has a driving range and a short game facility. Pupils who sign up must have some experience of having played Golf, but there will also be a session for the more advanced players. These pupils will receive separate invitations.

**Gym****Monday:**

- 12.40 – 1.10pm: Fit for Life (Fifth Form and Sixth Form)

**Tuesday:**

- 1.35 – 2.05pm: Fit for Life (Fourth Form and Remove)

**Wednesday:**

- 12.40 – 1.10pm: Fit for Life (Fifth Form and Sixth Form)

Pupils will be coached by one of our Strength and Conditioning (S+C) coaches through a range of exercises. There are a variety of programmes that pupils can follow depending on their training goals. Pupils will be coached the correct lifting techniques to allow gradual age-appropriate continued progression. For experienced Senior pupils, once coaches are comfortable with their Strength and Conditioning competency levels, they will be allowed to follow their own programme. There are also various S&C sessions for our Senior Sport teams where pupils engage in tailored sessions to support their training.

**Hockey****Monday:**

- 4.20 – 5.45pm: Senior Training

**Wednesday:**

- 12.55 – 1.25pm: U15 CD Team Training
- 4.30 – 5.45pm: U15AB Training

**Thursday:**

- 4.00 – 5.30pm: U14 Training

**Friday:**

- 4.00 – 5.30pm: Hockey Academy (invite only)

Hockey is the core sport for the girls in the Autumn Term and for boys in the Spring Term. As well as your games lesson, Hockey teams all practice at least once a week in preparation for a full programme of (mostly) Saturday fixtures. If you are selected for a team squad you are required to attend these sessions. There are also lunchtime Hockey Skills sessions available and an invitational Hockey Academy which runs on Friday afterschool.

**Netball****Tuesday:**

- 4.15 – 5.45pm: Senior Training (invite only)

**Thursday:**

- 4.00 – 5.30pm: U15 Dubai Training (invite only)

Netball is the girls' core sport in the Spring Term, however this Autumn marks the start of our Two Term Programme. This term, the Senior 1st VII will be training for cup fixtures. Alongside this, the Removes will be training for their Netball tour to Dubai over the October Half Term.

**Netball U14 Skills**

**When:** Friday, 1.20 – 1.55pm

**Years:** Fourth Form

**Location:** Sports Hall

**Staff:** Miss Gibson  
(Jodie.gibson@millhill.org.uk)

Prepare your skills in the lead up to the Spring Term programme!

**Pool and Snooker Club**

**Monday:** 12.40 – 1.10pm, Fifth Form, Lower Sixth and Upper Sixth, McClure House.

Compete against your peers in a ladder style competition.

**Rugby****Monday:**

- 4.20 – 5.45pm: Senior Training

**Thursday:**

- 4.00 – 5.30pm: U14, U15, Senior Training

**Rugby Skills (Invite only)****Wednesday:**

- 1.30 – 1.55pm: Sports Hall - All pupils.

For more information contact Mr Bajak (chris.bajak@millhill.org.uk)

**Sport Scholars (invite only)**

Sports Scholars and those involved in the athletic development performance pathway will gain the technical and physical knowledge required to excel in their athletic endeavours. This will primarily revolve around our four key pillars of athletic development: strength and conditioning, physiotherapy, nutrition and mental skills. Sessions will include educational and practical sessions; on fuelling for optimal training and performance with our qualified nutritionist; mental skills sessions on visualisation, mediation and goal setting; and technical coaching from our strength and conditioning coaches on training for speed, agility, power, strength and fitness for both injury prevention and performance optimisation.

Sports Scholars are invited to a Health and Wellbeing working group discussing prevalent issues affecting adolescents involved in sport.



**Swimming****Wednesday:**

- 4.20 – 5.30pm: Open session (Commences Wednesday 27 September)

Weekly recreational and competitive Swimming sessions for all pupils with the aim to create a fixture list this academic year and compete against schools in individual and team races.

**Tennis****Monday:**

- 12.40 – 1.10pm: Senior Training (invite only)
- 1.35 – 2.05pm: Junior Training (invite only)

**Tuesday:**

- 1.35 – 2.05pm: Junior Girls (invite and open session)

**Wednesday:**

- 1.35 – 2.05pm: Junior Boys (invite and open session)
- 3.45 – 4.15pm: Senior Girls (open session)

**Thursday:**

- 4.00 – 5.30pm: Senior Boys and Girls Training (invite and open session)

These sessions are generally aimed at those wishing to play School Team Tennis. Pupils also have the opportunity to play some recreational Tennis during their games sessions. This term there will be Performance Squads available for selected Junior and Senior pupils run by an external Performance Coach.

**Volleyball****Tuesday:**

- 12.40 – 1.10pm: Team Training

**Wednesday:**

- 4.15 – 5.45pm: Open session (until 5.00pm) followed by a Team session

**Thursday:**

- 12.55 – 1.25pm: Open Training

With some specialist coaching, we are now looking to further develop the skills with a view to there being more competitive fixtures. There will be opportunities for both Junior and Senior players. As well as a specialist coach, we also have some really talented pupils in school who are looking to assist with the development of the younger pupils.

Mill Hill School. **Part of the Mill Hill Education Group.**



Instilling values, inspiring minds  
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