

Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Butternut Squash Soup	Minestrone	Yellow Split Pea	Broccoli	Carrot and Ginger
Family Favourites Traditional, Balanced Home Cooked Meals	Beef Lasagne Garlic Bread Sweetcorn and Peppers	Shepherds' Pie Gravy New Potatoes Carrots and Swede	Barbecue Chicken Steamed Rice Green Beans	Braised Beef with Vegetables Gravy Mashed Potatoes Sauté Cabbage	Spiced Chicken fillet Curly Fries Steamed Peas Cod Fillet Fish fingers
Vegetarian Vegan Version always available	Vegetable and Quorn Cobbler	Vegetable Wellington Gravy New Potatoes Carrots and Swede	Cauliflower, Aubergine Sweet Potato Curry Steamed Rice	Veggie "Shepherds'" Pie	Spinach, Feta, Halloumi Filo
Global Adventure Try something new Today	Bean and Vegetable Jambalaya	Braised Stuffed Aubergine with Tomato Sauce	Baked Cod with Roasted Cherry Tomatoes Steamed Rice	Mushroom Stroganoff	Red Thai Vegetable & Tofu curry Jasmine Rice
Pasta	Pasta with Tomato & Oregano	Pasta with Tomato & Pepper Sauce	Macaroni Cheese	Pasta with Tomato Sauce	Baked Vegetable Pasta
Jackets	Jacket Potatoes and Beans Served Daily				
Dessert Fruit and Yogurt always available	Chocolate and Banana Tray Bake	Fresh Fruit Platter	Vegetarian Orange Jelly	Jam Sponge with Custard	Choc Ice