

# Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Soup of the day</b>	Carrot & Coriander	Curried Potato	Sweetcorn Chowder	Broccoli & Cauliflower	Tomato & Roasted Pepper	
<b>Main Meal</b>	Thai Green Marinated Chicken Breast Sticky Rice Thai Green Sauce Sugar Snaps Edamame Beans tossed in Chilli & Lime	Pork Hotdogs (Halal Chicken Sausage & Quorn Sausage Available) Hot Dog Buns Skinny Fries Selection of Sauces & Toppings Roasted Aubergines Peas & Sweetcorn	Moroccan Spiced Lamb Tagine Lemon Cous Cous Mini Flatbreads Roasted Red Pepper & Harissa Hummus Cucumber Yoghurt Broccoli & Cauliflower	Beef Bolognaise Spaghetti Garlic Bread Roasted Courgettes Steamed Green Beans	<u><b>Chicken Katsu</b></u> Breaded Chicken Breast Katsu Sauce Sticky Rice Sweet Chilli Pak Choi Mangetout	<u><b>Taco Bar</b></u> Spicy Cajun Beef Mince Lime & Chilli Fish Cajun Quorn & Vegetable Taco shells Selection of sauces Steamed Pea & Edamame
<b>Vegetarian</b>	Thai Red Veg Curry	Roasted Tomato, Pepper & Olive Whole-Wheat Pasta topped with Homemade Basil Oil	Roasted Vegetable Tagine	Vegetable & 3 Bean Bolognaise served with Penne Pasta	Panko Breaded Vegetable Katsu	Creamy Pesto Pasta
<b>Lighter option</b>	Welsh Rarebit Toasts topped with Chilli Jam & Crispy Onions	Blackened Cajun Salmon with Avocado and Mango Salsa	Grill Cod Loin Topped with a Crunchy Seed and Herb Crust served on a Lentil Cassoulet	Onion Bahjis served on Naan Bread topped with Mango Chutney and Coriander Yogurt	Macaroni Cheese topped with Sourdough & Chive Crumb	
<b>No Gluten &amp; Dairy</b>	<b>We have Non Gluten and Dairy Options Available Daily</b>					
<b>Fruit, Yogurt</b>	Jacket Potatoes and Beans Served Daily Fresh Fruit - A variety of topped Yogurts					
<b>Dessert</b>	Jam & Coconut Sponge	Chocolate & Salted Caramel Mousse Cups	Chocolate & Orange Cake topped with Chocolate Ganache	Rhubarb & Plum Crumble with Custard	Carrot Cake topped with Cream Cheese Icing	Lemon Drizzle Cake

# Supper Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday Carvery
Main Meal	Lamb Hotpot topped with Sliced Potatoes  Roasted Carrots & Parsnips  Pickled Red Cabbage  Cauliflower Cheese	Chicken Korma  Wild Rice  Mini Naan  Mini Poppadum  Mini Veg Samosa  Bombay Potatoes  Lime Pickle  Mango Chutney	Turkey Burgers topped with Sliced Tomatoes, Lettuce & Tzatziki  Steamed New Potatoes tossed in Lemon Oil  Brioche Bun  Mixed Roasted Vegetables	<b><u>Chicken and Rib Night</u></b>  Chinese Style Sticky Ribs  Firecracker Chicken Wings  French Fries  Corn on Cobs  Selection of dips & sauces	Vietnamese Style Pork Stir Fry  Egg Noodles  Fried Baby Corn & Green Beans tossed in coconut & chilli  Mini Vegetable Spring Rolls	Confit Duck Legs  Hoi Sin Sauce  Wraps  Special Fried Rice	Rare Roast Beef Lemon and Herb Roast Chicken Roast Potatoes Roasted Honey Glazed Carrots & Parsnips Broccoli Roast Gravy Yorkshire Pudding
Vegetarian	Harissa Grilled Vegetables served on Flat Bread	Chickpea & Aubergine Curry	Caramelised Red Onion & Goats Cheese Puff Squares	Cajun Cauliflower Steaks	Sweet and Sour Mushroom & Crispy Tofu Stir Fry	Wild Mushroom Arancini	Tomato and basil Bruschetta
Special		Tandoori Marinated Salmon		BBQ Pork Belly Bites with BBQ Dipping Sauce		Vegetable Samosas	
Pasta Option	Broccoli & Stilton Penne Pasta Bake		Linguini with Chard Artichokes, Peppers and Olives		Spaghetti Arrabiata		Pasta with Cheese & Chive Sauce
Dessert	Strawberries & Cream Roulade	Exotic Fruit Platter	White Chocolate and Oreo fudge	Tiramisu Glasses	Salted Caramel Brownie	Fresh Berries & Yoghurt	Ice Cream Pots topped with Crushed Biscuit & Mango Sauce

# Café 6 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Carrot & Coriander	Curried Potato	Sweetcorn Chowder	Broccoli & Cauliflower	Tomato & Roasted Pepper
Main Meal	Beef Stroganoff Parsley & Lemon Rice Green Beans Roasted Courgettes	Pork Hotdogs (Halal Chicken Sausage & Quorn Sausage Available) Hot Dog Buns Potato Wedges Selection of Sauces & Toppings Roasted Aubergines Peas & Sweetcorn	Jerk Chicken Legs Rice N Peas Jerk Coconut Sauce Roasted Cauliflower Sugar Snaps	Beef Lasagne Garlic Bread Broccoli Caesar Salads Bowls Mixed Leaf Salad	Jumbo Fish Finger Baps Sweet Potato Wedges Tartar Sauce Peas Shredded Lettuce & Onions
Dessert	Jam & Coconut Sponge	Chocolate & Salted Caramel Mousse Cups	Chocolate & Orange Cake topped with Chocolate Ganache		Carrot Cake topped with Cream Cheese Icing
Vegetarian	Butternut Squash, Broccoli & Ricotta Pasta		Potato Halves topped with Spicy Beans, grated cheese & sour cream	Quorn Lasagne	Tomato, Mozzarella & Pesto Pasta Bake
Sandwich Option	A Selection of Fresh Sandwiches, Rolls, Wraps, Baguettes or Bagels				
Salad	Salad Bar of Mixed Salads				
Fresh Fruit	Chopped Fresh Fruit Pots, Whole Fruit and Yogurts				