

<b>Café 6 Menu</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup of the day</b>	Spiced Carrot & Lentil	Tomato & Roasted Red Pepper	Creamy Mushroom	Spicy Thai Coconut	Broccoli & Stilton
<b>Main Meal</b>	Grilled Chicken Breast with Crispy Potatoes and Onions  Severed with a Creamy Basil Sauce	Lamb Rogan Josh Curry  Pilaf Rice  Vegetable curry  Roasted Cauliflower	Chicken Fajitas Served with Salsa, Sour Cream and Guacamole  Mexican fried Rice	Soy, Chilli and Lime Beef Strips  Egg Fried Rice topped with a Soy and Lime Dressing  Mange Tout and Pak Choi	Honey Mustard Glazed Gammon stuffed Baps  Sage and Onion Stuffing  Roasted Sweet Potato Wedges  Corn on the Cob
<b>Vegetarian</b>	Spinach, Asparagus and Pea Risotto	Tomato, Basil and Mozzarella Pasta	Char-Grilled Vegetables Served on Preserved Lemon and Mint Cous Cous topped with a Harissa Yogurt	Broccoli and 3 Cheese Slice Topped with Onion Jam	Vegan Bean Burger with vegan Cheese Slices
<b>Sandwich Option</b>	A Selection of Fresh Sandwiches, Rolls, Wraps, Baguettes or Bagels				
<b>Salad</b>	Salad Bar of Mixed Salads				
<b>Dessert</b>	Cold Dessert Selection Vegetarian Pulled 'Pork' Stuffed Baps				
<b>Fresh Fruit</b>	Chopped Fresh Fruit Pots, Whole Fruit and Yogurts				