

Week 3

Grimsdell Lunch Menu

MONDAY

BBq Chicken Potato Longboat

BBq Quorn Longboat **EGG**

Cous Cous **GLUTEN**

Sweetcorn

Apple Crumble & Custard

GLUTEN MILK EGG SOYA

TUESDAY

Turkey Bolognaise

Tofu Bolognaise

Pasta **GLUTEN**

Carrots

Traybake Cake **GLUTEN Egg Milk**

WEDNESDAY

Sausages **GLUTEN SULPHITES**

Vegetarian Sausage **SOYA**

Mashed Potato

Mixed vegetables

Yoghurt **MILK SOY**

EVERYDAY

Hovis Bread **GLUTEN**

Crudites

THURSDAY

Meatballs in Espagnole Sauce

Veggie Swedish Meatballs **MILK**

Rice

Broccoli

Mini Doghnut **MILK SOYA EGG**

FRIDAY

Fish Fingers **FISH GLUTEN**

Spicy Vegetable Rice **GLUTEN
SOYA**

Smiley Faces

Baked Beans

Cheese and Biscuits **GLUTEN MILK**