

Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------|---|---|--|---|---|---|
| Soup of the day | Tomato & Roasted Garlic | Sweet Potato & Sage | Vegetable Noodle Broth | Mushroom & Thyme | Potato & Leek | |
| Main Meal | Tandoori Chicken Legs Turmeric & Raisin Rice Sugar Snaps Roasted Cauliflower Tandoori Sauce | Beef Bolognese Spaghetti Garlic Bread Sweetcorn & Edamame Beans Roasted Courgettes | Pork & Leek Sausages Mash Potato Roasted Carrots Peas Rich Gravy | Sweet & Sour Chicken Egg Noodles Soy & Ginger Glazed Pak Choi Steamed Mangetout Rice Crackers | Battered Cod served with Lemon Wedges Chunky Chips Peas Mushy Peas Tartar Sauce | <u>Toastie Bar</u> New York Deli Toastie 3 Cheese & Onion Jam Green Pesto Chicken & Vegetable Steamed New Potatoes tossed in Parsley Butter Baked Beans |
| Vegetarian | Aubergine, Spinach & Chickpea Rogan Josh with Turmeric & Raisin Rice | Vegetable & 3 Bean Bolognese served with Spaghetti | Wild Mushroom Risotto topped with Krispy Kale | Sweet Potato Halves topped with Creamy Leek Sauce | Macaroni Cheese with Sourdough & Chive Topping | Pesto Pasta topped with Parmesan Shavings |
| Lighter Option | Flatbreads topped with Halloumi, Roasted Harissa Vegetables & Red Pepper Hummus served with Preserved Lemon Cous Cous | Cod Loins served in Caper & Lemon Butter Sauce topped with Sunflower Seeds | Salami, Emmental Cheese, Gherkin, Tomato & Mustard Dressing | Fusilli Pasta served with Arrabiata Sauce | Sticky Soy, Ginger & Chilli Chicken Thighs topped with Coriander & Spring Onion | |
| No Gluten & Dairy | We have Gluten and Dairy Free Options Available Daily | | | | | |
| Fruit and Yogurt Jackets | Diced Fruit cups and a variety of flavours and topped Yogurts. Jacket Potatoes and Beans Served Daily | | | | | |
| Dessert | Caramel Apple Crumble and Custard | Chocolate Cake topped with Chocolate Ganache | Rice Crispy Cake | Kayla Hommel Vegan Recpie Vegan Chocolate Brownie | Syrup Sponge and Custard | Home Made Caramel Shortcake |