

Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Courgette	Tomato	Spiced Parsnip	Sweetcorn	Green Vegetable
Family Favourites Traditional, Balanced Home Cooked Meals	Chilli Beef Taco's Sour Cream Guacamole Mexican Rice Green Beans	Pepperoni Pizza Hickory Smoked Chicken Pizza Garlic Bread Sweetcorn	Lamb Tagine Couscous Steamed Broccoli	Roast Chicken Gravy Roasted Potatoes Mixed Vegetables	Fried Cod in Batter Chips Peas
Vegetarian Vegan Version always available	Roasted Vegetable Taco's Sour Cream Guacamole Mexican Rice Green Beans	Cheese and Tomato Pizza Garlic Bread	Vegetable stir fry with Tempeh Steamed Rice Broccoli	Baked Vegetable Layer with Basil	Vegetable Burger Chips Peas
Global Adventure Try something new Today	Vegetable Lasagne	Gnocchi with Spinach, Tomato and Parmesan	Baked Seabream with Dill and Thyme	Cauliflower, Broccoli Cheese with Herb Breadcrumbs	Turkey Kofte Kebabs Wholemeal Pitta Bread Yoghurt and Cucumber Dressing
Pasta	Pasta with Neapolitan sauce		Pasta with Tomato Sauce	Pasta with Roasted Vegetables Tomato Sauce	Baked Pasta with Courgettes
Jackets	Jacket Potatoes and Beans Served Daily.				
Dessert Fruit and Yogurt always available	Black Cherry Sponge with Custard	Fresh Fruit Salad with Cream	Bread and Butter Pudding with Custard	Caramel Shortbread	Mango and Orange Iced Smoothies